



Athlete Phone & Electronic Device Policy

Trilogy Gymnastics

1. Purpose

The purpose of this policy is to:

Promote athlete safety, focus, and engagement during training

Reduce distractions and disruptions

Support child safety and privacy

Encourage respectful and appropriate use of technology

2. Scope

This policy applies to:

All gymnasts (recreational and competitive)

Training sessions, competitions, events, camps, and excursions

All mobile phones, smart watches with communication features, tablets, and similar electronic devices

3. General Policy

Mobile phones and electronic devices must not be used during training sessions unless expressly permitted by a coach.

Devices should be switched off or on silent and stored in a bag or designated storage area during training.

The club is not responsible for loss, damage, or theft of personal devices.

4. Permitted Use

Athletes may use phones or devices:

Before and after training

During breaks only with coach approval

In an emergency or for medical reasons (e.g. diabetes monitoring)

When directed by a coach for training-related purposes (e.g. video review)

5. Prohibited Use

Athletes must not:

Use phones during warm-ups, drills, or routines

Take photos or videos of other athletes or staff without permission

Access social media during training

Use devices in change rooms or bathrooms

Record or share content that is inappropriate, offensive, or breaches privacy

6. Competitions and Events

Phone use at competitions is subject to coach direction and event rules

Athletes must not use phones on the competition floor or during warm-up areas

Photos or videos may only be taken where permitted by the event organiser

7. Child Safety and Privacy

The club has zero tolerance for the misuse of phones relating to bullying, harassment, or inappropriate recording.

Any concerns regarding phone misuse will be managed in line with the club's Child Safe, Code of Conduct, and Anti-Bullying policies.

8. Breaches of Policy

If an athlete does not comply:

The phone may be confiscated for the duration of the session

Parents/guardians may be notified

Repeated breaches may result in further disciplinary action, in line with club policies

9. Parent/Guardian Responsibilities

Parents and guardians are encouraged to:

Support this policy

Avoid contacting athletes during training unless urgent

Communicate emergency messages through club staff where possible

10. Policy Review

This policy will be reviewed annually or sooner if required by:

Changes in legislation

Child safety requirements

Club operations